



Week #1 Shopping List

June 1st -June 4th

- Salt** Hollygrove Market and Farm, New Orleans Food CoOp
- Inglewood Farm Pecan oil** Hollygrove Market and Farm, New Orleans Food CoOp
- 3 creole tomatoes** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 pack Farm Fresh Mozzarella** Hollygrove Market and Farm, Abita Fresh
- 2 dozen eggs** Hollygrove Market and Farm, New Orleans Food CoOp, Crescent City Farmers Market, Abita Fresh
- ½ gallon milk** Hollygrove Market and Farm, New Orleans Food CoOp, Crescent City Farmers Market, Abita Fresh, Rouses
- 2 lbs Two Run Farm LA Boar** Hollygrove Market and Farm
- 2 sweet pepper** Hollygrove Market and Farm, New Orleans Food CoOp, Crescent City Farmers Market, Abita Fresh
- 1 pint cherry tomatoes** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 jalapeno** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bunch green onion** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bunch parsley** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bunch cilantro** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bunch thyme** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bunch oregano** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bunch basil** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bunch green garlic** Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh
- 1 bag black eyed peas** Hollygrove Market and Farm, Crescent City Farmers Market, New Orleans Food CoOp, Abita Fresh

1 lbs popcorn rice Hollygrove Market and Farm, Crescent City Farmers Market, New Orleans Food CoOp, Abita Fresh

3 bunches mustard greens Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

2 bunches carrots Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

1 bunch collard greens Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

2 zucchini Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

2 squash Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

2 red onion Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

1 c brown rice Hollygrove Market and Farm, Crescent City Farmers Market, New Orleans Food CoOp, Abita Fresh

4 pork chops Hollygrove Market and Farm, Crescent City Farmers Market, New Orleans Food CoOp, Abita Fresh

1 bottle Big Easy Bucha Cajun Kick Hollygrove Market and Farm, New Orleans Food CoOp

½ lbs cane sugar Hollygrove Market and Farm, Crescent City Farmers Market, New Orleans Food CoOp, Abita Fresh

2 peaches Crescent City Farmers Market: Wednesday is your best bet

3 bunches of greens collards, kale, Swiss chard, spinach (you're call)Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

1 yellow onion Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

1 tub Creole Cream Cheese Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh, Rouses

2 qts heavy cream Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh, Dryades Public Market, New Orleans Food CoOp

1 jar honey Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh, New Orleans Food CoOp, Rouses, Dryades Public Market

1 pack local bacon Hollygrove Market and Farm, New Orleans Food CoOp

1 bag Corn flour Hollygrove Market and Farm, New Orleans Food CoOp

1 bag Rice flour Hollygrove Market and Farm, New Orleans Food CoOp

Baking soda Not local, and probably already in your pantry

1 jar Cane syrup Hollygrove Market and Farm, New Orleans Food CoOp, Dryades Public Market, Rouses

1 lbs shiitake mushrooms Hollygrove Market and Farm, Dryades Public Market, Crescent City Farmers Market

1 bag salad mix Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

1 cucumber Hollygrove Market and Farm, Crescent City Farmers Market, Abita Fresh

4 Gulf Fish Filets Crescent City Farmers Market, Weswego Fishers Market, Rouses

1 small knob of ginger Hollygrove Market and Farm, Crescent City Farmers Market

1 radish Hollygrove Market and Farm, Crescent City Farmers Market

2 lbs fingerling or baby potatoes Hollygrove Market and Farm, Crescent City Farmers Market
1 bunch spinach Hollygrove Market and Farm, Crescent City Farmers Market